

Anne Aldrich has worked in a training capacity for over 25 years within different industries. Anne was human resources director for a mental health agency with 300+ employees, providing a monthly four-day orientation, including coverage of policies to de-escalation techniques. During Anne's tenure in mental health, she also provided training to over 150 individuals with mental health diagnoses to become peer mentors, a 140-hour curriculum.

Anne has been in higher education for almost 14 years, as the assistant to the provost. In this role, Anne noted a need to provide more training opportunities for staff at WCU, thus she created and continues to facilitate the Summer Institute for Administrative Support Professionals. The institute hosts multiple workshops over 1-2 days. The 2020 institute was all virtual and the 7<sup>th</sup> annual institute to date with over 100 participants.

Anne most currently has achieved her certification as a Gallup Strengths Finder Coach after completing a 40-hour training in Dallas, Texas. Anne is certified to provide individual, manager and team coaching.

Anne holds a Bachelor of Arts in criminal justice from West Georgia State University and a Master of Arts in public affairs from Western Carolina University.